Women's & Children's Hospital

How to use an Accuhaler

The Accuhaler works by breathing in the dry medication powder. You must always leave the Accuhaler closed when you aren't using it as this will help prepare the Accuhaler for the next dose and also stop the dust entering the device. You must also never breathe into the Accuhaler as your moist exhaled air will also wet the asthma medication. The medication will not work if it is wet.

You must always check to see if you have medication in the Accuhaler. The number dial tells you how many doses you have left. Numbers 5 to 1 will appear in red to warn you when there are only a few doses remaining.

1. Check Accuhaler incheck number dial and expiry date.

2. Open the Accuhaler by placing thumb in thumb grip and pushing right around until a click is heard. Slide the lever until it clicks. Medication is now ready for inhaling.

3. Before placing the Accuhaler into your mouth, breathe out gently. The child must NOT breathe into the Accuhaler.

4. Place lips around the mouthpiece. Take a breathe in forcefully and deeply.

5. Remove Accuhaler from mouth and hold breathe for 5-10 seconds.

6. Breath out gently away from the Accuhaler.

7. If a second dose is needed, repeat steps 2-6. If not, before closing the cover wipe mouthpiece with a tissue.

8. Place thumb in thumb grip and slide cover around to close Accuhaler.

IMPORTANT NOTE: **Do not store asthma medication in hot areas such as car gloveboxes. This will affect the medication.**

For more information

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